



FAIRFAX COUNTY PARK AUTHORITY



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Information Release

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Some Simple Steps to Stay Safe in Fairfax County Parks

With a population of more than 1.1 million people, Fairfax County enjoys a low crime rate when compared to other urban municipalities of its size, but thefts and break-ins can happen – even in the county’s pastoral parks and busy recreation centers.

The Fairfax County Park Authority wants everyone to know that some simple steps can help to ensure your next walk in the woods or weight-room workout are incident-free. Fairfax County police say there are three personal safety tips that everyone should know:

- Stay alert – Be aware of your surroundings
- Be confident – Walk with confidence and purpose
- Trust your instincts – Learn to trust intuition and react to unsettled feelings

Never make the chance to commit a crime easy for a criminal. Lock the doors on your car, park in well-lit areas and don’t leave tempting items in sight. While swimming, skating or working out, make use of RECenter lockers to secure your belongings. And leave valuables at home.

When walking in public, the police recommend carrying a cell phone and letting family and friends know where you will be. It’s also a good idea to go with someone, if possible, and don’t carry large sums of money. Report any suspicious people or activity to police.

For additional information, please contact the Public Information Office at 703-324-8662.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least 10 working days in advance of the registration deadline or event. TTY (703) 803-3354.