



FAIRFAX COUNTY PARK AUTHORITY



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For Immediate Release

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Discover Your Survival Skills at Burke Lake Park

Sharpen your skills or learn something new! Burke Lake Park is offering a Wilderness Survival Skills session to anyone age 13 and up interested in honing their inner Bear Grylls.

This fast-paced session at Burke Lake Park covers essential survival skills for day hiking, backpacking, camping, hunting or fishing in the back country. Topics include survival preparedness, fire making, rescue signaling, shelter building, foraging for food, collecting and purifying water, finding time and directions, making natural cordage and preparing the ultimate survival kit. Bring snacks and water.

The session runs from 9 a.m. until 1p.m. on Saturday, August 6, 2016. The price to attend is \$48 per person. Burke Lake Park is located at 7315 Ox Road, Fairfax Station, VA.

For information, visit <http://www.fairfaxcounty.gov/parks/burkelakepark/> or call 703-323-6600.

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If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least 10 working days in advance of the registration deadline or event. TTY (703) 803-3354.